



Insured and/or administered by:

**Cigna Health and Life Insurance Company**

**Medical Benefits Abroad (MBA)**

**Benefits at a Glance (BAAG)**

**Politico Media Group, LLC - 10138A**

The insurance benefits and the provisions of the group policy principally affecting the persons insured are described below. The policy covers unexpected Medical Illness and Injury Services and Urgent Care worldwide. The final interpretation of any specific provision herein is governed by the terms of the policy.

### **Eligibility for Member Insurance**

- you are in a Class of Eligible Members as determined by the Group and covered under the Group's health plan or other comprehensive health coverage in your country of residence or permanent assignment if outside the United States;
- you are traveling outside your country of residence or permanent assignment for no more than 180 consecutive days per trip on the business of, or at the expense of, the Group or on Sojourn Travel; and
- you pay any required contribution.

### **Eligibility for Dependent Insurance**

- the day you become eligible for yourself; or
- the day you acquire your first Dependent if that Dependent is traveling with you outside their country of residence or permanent assignment for no more than 180 consecutive days per one trip on the business of, or at the expense of, the Group or on Sojourn Travel. Dependents are not eligible for Accidental Death and Dismemberment coverage.

Persons for whom coverage is prohibited under applicable law or sanctions rules will not be considered eligible under this plan. The effective date of this Schedule of Benefits is 9/1/2025.

<b>BENEFIT</b>	<b>BENEFIT AMOUNT</b>
<b>Accidental Death &amp; Dismemberment (AD&amp;D)</b>	\$100,000 – per member per year
<b>Medical Evacuation /Repatriation</b>	\$100,000 – per member per year
<b>Calendar Year Medical Benefit Maximum</b>	\$100,000 – per member per year
<b>Calendar Year Deductible</b>	\$50 - per member per year
<b>Coinsurance (paid by Cigna)</b>	100%
<b>Out of Pocket Coinsurance Maximum</b>	\$50 – per member per year
<b>Prescription Drug</b>	100% covered expenses*
<b>Emergency Dental</b> (includes dental accident & alleviation of sudden unexpected dental pain)	\$1,000, subject to calendar year maximum – per member per year
<b>Sojourn Travel</b>	Not Covered
<b>Room &amp; Board Outside U.S.</b>	Average semi-private room rate
<b>Room &amp; Board Inside U.S.**</b>	Average semi-private room rate
<b>Pre-Existing Conditions</b>	Covered, subject to the calendar year medical maximum
<b>War Risk (Medical)</b>	Not Covered
<b>War Risk (AD&amp;D)</b>	Not Covered

<b>Crisis Assistance Plus (CAP)</b>	Includes crisis consulting at no dollar limit per person per covered expense. The number of physical responses/evacuations incurring in a year are limited to two per person per year. <sup>2</sup>
<b>Occupational Accident</b>	Not Covered

All sources and disclosures are at the end of this document.

**Simply register** on [Cigna Envoy](#) for International Travelers on a MBA plan: your go-to health resource for managing your health care experience with Cigna Healthcare. You will have access to:

- Finding a doctor or facility in our network for cashless service.
- Submitting claims online for reimbursement if you have paid out-of-pocket for health care services.
- Accessing free Telehealth2 services and robust country guides. To register, please visit Cigna Envoy and select '**International Travelers Medical Benefits Abroad (MBA) Plan**' and use the following logon and password:

Logon: **10138AMBA**

Password: **Cigna1**

Our health plans cover medically necessary claims related to infectious diseases and medical conditions per the terms of the health plan. Your health plan does not contain an exclusion for COVID-19 specifically or for pandemics more generally. Accordingly, your plan will provide coverage for the diagnosis and treatment of COVID-19 to the same extent as it would for any other unexpected medical condition.

**Your Welcome Kit** serves as a guide to all the ways Cigna Healthcare supports you while abroad. From the International Travelers Medical Benefits Abroad (MBA) section of Cigna Envoy, to searching providers, submitting claims for reimbursement and accessing Telehealth, you will have all the details you need to answer your questions in this comprehensive kit.

### **Assistance is available 24 hours a day, 7 days a week:**

- **Phone: 302.797.3535** (outside the U.S.), **800.243.1348** (inside the U.S.)

Services incurred in the U.S. by a network provider should be billed directly to Cigna Healthcare.

\* Covered expenses when medically necessary while on an approved international business trip. This benefit also includes replacement medicine for lost prescriptions that are medically necessary during an international business trip.

Unexpected pregnancy/maternity complications are covered, but routine (regularly scheduled) pregnancy/maternity care is excluded. It is therefore not recommended to travel in the third trimester of pregnancy without the written approval of your primary care physician.

\*\* Pre-Admission Certification / Continued Stay Review is required for all U.S. Hospitalizations

1. CAP provides time sensitive advice and coordinated in-country crisis assistance for nine different risks that impact or have the potential to impact employees while traveling (terrorism, political threats, natural disasters, blackmail or extortion, violent crimes, disappearances of persons, hijacks, kidnap and ransom\* and wrongful detentions). Ransom Payments are not covered. The CAP program is NOT insurance and does not provide reimbursement of expenses for financial losses. This program is provided under a contract with FocusPoint International. Presented here are highlights of the CAP program. Full terms, conditions and exclusions are contained in the CAP membership agreement.

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